

## Course Objectives

1. Understand the principles and overview of palliative care services in Singapore
2. Identify psychosocial, emotional and spiritual issues in palliative care
3. Articulate the role of Advance Care Planning
4. Identify ethical issues in palliative care
5. Demonstrate effective communication skills in palliative care
6. Describe the aims of Palliative Rehabilitation
7. Recognise the importance of caregiver support, grief and bereavement issues



Courtesy of Dover Park Hospice

## Target Audience

Allied Health Professionals (Art and Music Therapists, Occupational Therapists, Physiotherapists, Speech Therapists and Medical Social Workers), Registered Nurses, and Pharmacists who are involved or interested in the provision of palliative care to adult patients and their families.

## Training Methodology

This course involves interactive lectures, case sharing, role play demonstration, experiential role play, and large and small group discussions. There will also be a written assessment component in the form of MCQs and submission of a reflective journal.

## Course Outline (4 days)

- Principles and overview of palliative care services in Singapore
- The Palliative Care Team
- Palliative care in advanced illness (cancers, non-cancers, dementia, frailty)
- Psychosocial, emotional and spiritual issues in palliative care
- Advance Care Planning
- Communication skills in palliative care
- Rehabilitation in palliative care (Physiotherapy and Occupational therapy)
- Art therapy and music therapy in palliative care
- Care of the dying in their last hours
- Caregiver support, grief and bereavement

## Course Time

16 Jul (Zoom), 17 Jul (Zoom), 23 Jul (on-site), & 24 Jul 2024 (on-site), 9am to 5pm

## Course Fee

\$981 (Including GST)  
Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations

## Lead Trainer's Profile



**Dr Joseph Ong Yew Jin** is a Senior Consultant at Dover Park Hospice.

## Venue

- 📍 Zoom online platform (on 16 & 17 Jul)
- 📍 Dover Park Hospice Level 3 Training Room (on 23 & 24 Jul)
- 📍 TTSH Integrated Care Hub
- 📍 1 Tan Tock Seng Link, Singapore 307382

## Enquiries

☎ 6500 7269 ✉ [enquiries@palc.org.sg](mailto:enquiries@palc.org.sg)



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