

Course Objectives

This two-day professional workshop will provide participants with a unique opportunity to learn and experience a novel and clinically robust FDI for cultivating existential wholeness among terminally-ill patients and their families facing the end of life.

Course Outline (2 Days)

This course will cover the following:

- ✦ Define the construct of dignity as it relates to palliative and end-of-life populations in the Asian context.
- ✦ Describe the association between an undermined sense of dignity and physical and psychological outcomes.
- ✦ Outline the theoretical underpinnings of FDI as a psycho-therapeutic intervention.
- ✦ Identify the practical counselling skills and etiquette required to conduct FDI.
- ✦ Experience taking on the role of FDI therapist, patient, and caregiver through role play.
- ✦ Summarize the rationale for and steps involved in editing and creating an FDI legacy document.
- ✦ Discuss barriers and facilitators to implementing FDI in practice.
- ✦ Articulate various approaches for how FDI can be employed alongside Advance Care Planning.
- ✦ Reflect upon how FDI could be used in participants' own clinical environment.

Target Audience

Doctors, Registered Nurses, Advanced Care Practice Nurses, Allied Health Professionals, Psychosocial Staff, Support Care Staff

Training Methodology

Interactive lectures, case sharing, role play demonstration, experiential role play, legacy document writing, and large and small group discussions

Course Details

Date and Time: 12 & 13 Jun 2025, 9.30am – 5.30pm

Training Venue: Dover Park Hospice, Level 3 Training Room
TTSH Integrated Care Hub
1 Tan Tock Seng Link, Singapore 307382

Course Fee: \$490.50 per person (Including 9% GST)
Prevailing course fee subsidy at 90% for Singaporeans/PRs and 45% for Work Pass Holders working in eligible community care organisations

Trainers' Profile



Prof Andy Hau Yan Ho, PhD, EdD, MFT, is Professor of Psychology and Medicine at the School of Social Sciences and the Lee Kong Chian School of Medicine, as well as Founding Director of the Action Research for Community Health (ARCH) Laboratory, at Nanyang Technological University (NTU) Singapore. He is also Deputy Director (Research) of PaIC, the Immediate Past President of the Association for Death Education and Counseling (ADEC), and currently serves as Board Director of the prestigious International Work Group on Death, Dying and Bereavement (IWGDDB).



Dr Geraldine Tan-Ho is a Research Fellow and Senior Counsellor at NTU and heads the FDI therapy for terminally ill patients and their families. She is a Certified Thanatologist for her professional and educational achievements in the field of death, dying, and bereavement.



Asst Prof Paul Victor Patinadan is Assistant Professor at the School of Social Sciences, at the NTU. He is also an ADEC certified Thanatologist and plays an active role in the ARCH Lab. He has a special interest in psycho-socio-spiritual interventions and therapies in the area of end-of-life care and grief and bereavement facilitation for families.

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For those who are not staff of CCOs:



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For any enquiries, please contact us at enquiries@palc.org.sg or 65007829.